



International Society
for Traumatic Stress Studies



15. Zürcher-
Psychotraumatologie-
Tagung

Saturday, 17 April 2010
World Trade Center, Zurich



Trauma Update

WELCOME

We would like to cordially invite you to join ISTSS at the 15th Psychotraumatology Meeting in Zurich for an update on innovations in the field of traumatic stress. This one-day symposium will provide cutting-edge information for psychologists, psychotherapists, psychiatrists, social workers, researchers, journalists, healthcare managers, lawyers and others involved in working with the aftermath of trauma. There will be presentations from international specialists dealing with some of the most important issues in the field today. You will have a choice of plenary lectures (30 minutes each) and a number of parallel workshops of 90 minutes duration throughout the day. A panel discussion on future development in trauma work will conclude the meeting.

As you will see from the titles, most of the presentations are in English, while some are in German. However, there will be no simultaneous translation.

Looking forward to seeing you in Zurich in spring 2010!



Ulrich Schnyder, MD
President, ISTSS



Robert M. McShine, MD

ABOUT ISTSS

ISTSS is an international multidisciplinary, professional membership organization that promotes advancement and exchange of knowledge about severe stress and trauma. This knowledge includes understanding the scope and consequences of traumatic exposure, preventing traumatic events and ameliorating their consequences, and advocating for the field of traumatic stress. The International Society for Traumatic Stress Studies has a diverse membership from around the world. Members are social, behavioral and biological scientists; professionals from mental health and social services disciplines; and individuals representing religious, legal and other professions. ISTSS activities include education, training and information resources.

Organizer:

International Society for Traumatic Stress Studies ISTSS

Sponsors:

Actelion Pharmaceuticals Ltd
Bristol-Myers Squibb SA
Eli Lilly (Suisse) SA
GlaxoSmithKline AG
Lundbeck (Schweiz) AG
Pfizer AG

PLENARY LECTURES

8.00 a.m.	Registration	12.45 p.m.	Lunch
9.00 a.m.	Welcome and Introduction Ulrich Schnyder	2.15 p.m.	Secondary Prevention after Acute Medical Trauma in Children Nancy Kassam-Adams
9.15 a.m.	Kultur und psychopathologische Phänomene bei Flüchtlingen und Migranten Joop de Jong		Yoga for PTSD – Clinical Approach, Rationale and Treatment Outcome Bessel van der Kolk
	Komplizierte Trauer und Anpassungsstörungen: Impulse für Diagnostik und Therapie aus der Psychotraumatologie Andreas Maercker		CBT for PTSD: Web-Based Training for Therapists Dean Kilpatrick
	The Clinical Relevance of Epigenetics to PTSD Rachel Yehuda	3.45 p.m.	Coffee break
10.45 a.m.	Coffee break	4.15 p.m.	Panel: Future Developments in Trauma Work Mark Creamer Diane Elmore Sandro Galea Karestan Koenen Patti Resick Paula Schnurr
11.15 a.m.	How to Understand the Evidence on Evidence-Based Psychotherapy Paula Schnurr		
	The Clinical Challenges Presented by the Relationship between PTSD and Physical Symptoms Alexander McFarlane	5.00 p.m.	End of Symposium
	Complex PTSD and its Treatment Marylène Cloitre		

Dr. Josef I. Ruzek, PhD,
National Center for PTSD, VA Palo Alto
Health Care System, USA.
josef.ruzek@med.va.gov

Prof. Paula P. Schnurr, PhD,
Past-President of ISTSS, National
Center for PTSD, White River Junction,
VT, and Dartmouth Medical School,
Hanover, NH, USA.
paula.schnurr@dartmouth.edu

Prof. Dr. med. Ulrich Schnyder,
President of ISTSS, Department of
Psychiatry, University Hospital Zürich,
Switzerland.
ulrich.schnyder@access.uzh.ch

Lic. phil. Jennifer Steinbach,
Forensisch Psychiatrischer Dienst,
University of Bern, Switzerland.
jennifer.steinbach@fpd.unibe.ch

Prof. Bessel van der Kolk, MD,
Past-President of ISTSS, Boston
University School of Medicine, Boston,
MA, USA. bvanderk@aol.com

Prof. Rachel Yehuda, PhD,
Mount Sinai School of Medicine, Bronx,
NY, USA. rachel.yehuda@med.va.gov

Lic. phil. Ulrich Zingg,
Private Practice, Bern, Switzerland.
uli.zingg@hisppeed.ch

GENERAL INFORMATION

Venue

World Trade Center Zurich,
Leutschenbachstrasse 95
CH-8050 Zürich, Switzerland

Further Information

Ulrich Schnyder
ulrich.schnyder@access.uzh.ch
www.psychiatrie.usz.ch
www.pzh.zh.ch
http://istss.org

Fees and Registration

- Regular fee: CHF 260 including refreshments and lunch
- Reduced fee: CHF 210 for members of ISTSS and its affiliate societies
- For online registration and payment please use this website:
www.psychiatrie.usz.ch
- Space is limited. Your registration will be confirmed once we have received your payment.

Cancellation

Cancellations received in writing by March 17 will be subject to a CHF 100 cancellation charge. No refunds will be given after March 17.

Hotel Accommodation

Please visit Zurich Tourism at
www.zuerich.com

SPEAKERS

Dr. Jonathan I. Bisson, MD,
Department of Psychological Medicine,
Cardiff University, UK.
bissonji@cardiff.ac.uk

Prof. Marylène Cloitre, PhD,
President-Elect of ISTSS, New York
University Langone School of Medicine,
New York, NY USA.
marylene.cloitre@nyumc.org

Prof. Mark Creamer, PhD,
Australian Centre for Posttraumatic
Mental Health, University of
Melbourne, Australia.
markcc@unimelb.edu.au

Dr. Diane Elmore, PhD, MPH,
American Psychological Association,
Washington, DC, USA.
delmore@apa.org

Prof. Joop de Jong, MD, PhD,
Freie Universit t Amsterdam, Nieder-
lande, and Boston University School
of Medicine, Boston, MA, USA.
j.jong@dmo.amsterdam.nl

Prof. Sandro Galea, MD, DrPH,
Vice-President of ISTSS, School of Pub-
lic Health and Medical School, Univer-
sity of Michigan, Ann Arbor, MI, USA.
sgalea@umich.edu

Dr. med. Hansruedi Gehring,
Private Practice, Bern, Switzerland.
h.r.gehring@bluewin.ch

Lic. phil. Leena H ssig Ramming,
Forensisch Psychiatrischer Dienst,
University of Bern, Switzerland.
leena.haessig@fpd.unibe.ch

Prof. Elizabeth A. Hembree, PhD,
Department of Psychiatry, University of
Pennsylvania, Philadelphia, PA, USA.
hembree@mail.med.upenn.edu

Prof. Nancy Kassam-Adams, PhD,
Center for Injury Research and Preven-
tion, Children's Hospital of Philadel-
phia, Philadelphia, PA, USA.
nlkaphd@mail.med.upenn.edu

Prof. Dean G. Kilpatrick, PhD,
Past-President of ISTSS, Department
of Psychiatry and Behavioral Sciences,
Medical University of South Carolina,
Charleston, South Carolina, USA.
kilpatdg@musc.edu

Prof. Karestan C. Koenen, PhD,
Harvard School of Public Health,
Boston, MA, USA.
kkoenen@hsph.harvard.edu

Prof. Harold Kudler, MD,
Duke University, Durham, North
Carolina, USA. hkudler@duke.edu

PD Dr. phil. Markus Landolt,
Universit ts-Kinderspital, Z rich, Swit-
zerland. markus.landolt@kispi.unizh.ch

**Prof. Dr. med. Dr. phil.
Andreas Maercker,**
Department of Psychology,

University of Zurich, Switzerland.
maercker@psychologie.uzh.ch

Prof. Alexander C. McFarlane, MD,
Past-President of ISTSS, University of
Adelaide, South Australia.
alexander.mcfarlane@adelaide.edu.au

Dr. med. Robert M. McShine MHA,
Psychiatrie-Zentrum Hard, Embrach,
Switzerland. robert.mcshine@pzh.zh.ch

Dr. med. Viktor Meyer,
private practice, Z rich, Switzerland.
meyer-romann@bluewin.ch

Dr. med. Jacqueline Minder,
Integrierte Psychiatrie Winterthur,
Switzerland. jacqueline.minder@ipw.ch

Prof. Candice M. Monson, PhD,
Ryerson University, Toronto, Canada.
candice.monson@psych.ryerson.ca

Lic. phil. Naser Morina,
Department of Psychiatry, University
Hospital Z rich, Switzerland.
naser.morina@usz.ch

Dr. phil. Julia M ller,
Department of Psychiatry, University
Hospital Z rich, Switzerland.
julia.mueller@usz.ch

Prof. Patricia A. Resick, PhD,
Past-President of ISTSS, National
Center for PTSD and Boston University,
Boston, MA, USA.
patricia.resick@va.gov

PARALLEL WORKSHOPS ■ 09.15 – 10.45 a.m.

- 1** Guided Self-Help for PTSD
Jonathan Bisson
- 2** Disseminating the Most Effective PTSD Treatments: How Do We Change Clinical Practice?
Mark Creamer, Josef Ruzek
- 3** Enhancing Outcome of Prolonged Exposure Therapy: Facilitating Good Emotional Engagement
Elizabeth Hembree
- 4** The Case for Psychodynamic Psychotherapy in the Treatment of PTSD
Harold Kudler
- 5** Cognitive Processing Therapy for Posttraumatic Stress Disorder
Candice Monson
- 6** The Use of Neurofeedback in Clinical Practice
Bessel van der Kolk, Alexander McFarlane

■ 11.15 a.m. – 12.45 p.m. ■ 2.15 – 3.45 p.m.

- 7** **13** Katathym Imaginative Psychotherapie in der Psychotraumabehandlung
Hansruedi Gehring, Ueli Zingg
- 8** **14** Dissoziation und Gewalt
Leena Hässig, Jennifer Steinbach
- 9** **15** Das komplex traumatisierte Kind
Markus Landolt
- 10** **16** Hilfreiche Elemente aus der Körperorientierten Psychotherapie für die Arbeit mit traumatisierten Patienten
Viktor Meyer
- 11** **17** Trauma und Gewalt in der Gerontopsychiatrie
Jacqueline Minder
- 12** **18** Testdiagnostik Posttraumatischer Belastungsstörungen und weiterer häufiger Traumafolgen
Julia Müller, Naser Morina